

## North London Competition Manager “Rowshows” 2009.

### Rationale.

- Building on the successes of a similar (smaller!) project in 2008, the North London Competition Managers, in association with their SSP's planned a series of “Rowshows” across the 4 North London Boroughs of Barnet, Enfield, Haringey and Waltham Forest.
- The aim was to deliver 10 Rowshows in secondary schools over 2 weeks in each borough. Therefore an 8-week project targeting 40 schools.
- Each school pupil would be participating in an intra-school competition, leading into a Borough inter-school virtual league competition.
- The project was to be delivered from Jan to March 2009.

### Rowshow Content

The CM's delivered the following within a one-hour session, repeated throughout the school day;

- Introductory presentation/safety discussion
- DVD demonstration
- Practical demonstration
- Practical experience
- Discussion over current borough record scores
- Individual race over the ARA specified time
- Team races where time allowed
- Presentation re future opportunities.

### Outcomes

- 38 schools participated, 10 in Waltham Forest, 11 in Barnet, 9 in Enfield and 8 in Haringey. Two days of snow effected some participation!
- 4478 Pupils participated in the competition, 1447 in Waltham Forest, 1103 in Barnet, 880 in Enfield, 1048 in Haringey
- 1728 of these pupils were new to competition, 266 in Waltham Forest, 600 in Barnet, 358 in Enfield, 504 in Haringey

Number per Year

<b>Year</b>	<b>WF</b>	<b>B</b>	<b>E</b>	<b>H</b>
7	325	105	188	215
8	441	330	222	439
9	361	227	182	175
10	139	234	145	116
11	171	177	99	94
12/13	10	20	44	9

## **Inclusivity**

### ***Gender***

2421 pupils (54%) were male, 2057 (46%) female

WF = 805 males, 642 females

B = 473 Males, 630 Females

E = 501 Males, 379 Females

H = 642 Males, 406 Females

### ***SEN***

89 pupils (2%) were SEN.

The Rowshows were delivered in 2 Special Schools, one in Enfield, one in Haringey and these schools results were incorporated within the virtual inter-school leagues.

## **Competition Pathways.**

The "Rowshows" were the start of a pathway of opportunity. Each pupil had the opportunity to compete in;

- An intra-school competition, which led to;
- A virtual inter-school borough league, which was followed by;
- A borough championships delivered two weeks after the Rowshows, from which teams were selected to represent the borough in;
- The North London Indoor Rowing Championships (June 21<sup>st</sup>) which are a practice for;
- The London Youth Games.
- NJIRC was also promoted as an exit route for individuals and schools.

## **Gifted and Talented**

As part of the presentation, pupils were given an indication as to distances that represented success in their borough and toward the ARA Gold medal standard.

Performances that were above the ARA Gold standard were;

Year 7 Boys 531m compared to 510m (Haringey)

Year 8 Boys 847m compared to 810m (Barnet)

Performances close to the ARA Gold standard were;

Year 7 Girls 485m compared to 490m (Enfield)

Year 9 Boys 1122m compared to 1125m (Haringey)

Year 10 Girls 1206m compared to 1275m (Enfield)

Year 11 Boys 1659m compared to 1720m (Waltham Forest)

Year 11 Girls 1489m compared to 1540m (Barnet)

Year 12 Boys 1910m compared to 2000m (Enfield)

### **Partnership Working**

The project was delivered via partnership working with;

- PDM's via integration in SSP calendars
- SSCO's via their support at most rowshows
- Concept 2 via leasing the machines
- London Youth Rowing via their delivery of each borough championships
- Barnet RB Max via supporting transport and delivery through a CIF supported project
- Sports Development teams in the 4 boroughs via supporting some delivery and the borough championships

### **The future**

Since the project was completed, moves have been made, working with inclusive and active toward improved exit opportunities in clubs. Discussions are underway toward enhancing such opportunities either in GLL centres or through schools working together in offering more equipment and after school clubs.

The project is highly likely to be repeated in 2010.