

Home International Regatta Cardiff Bay 2008

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|---------------------|-------------|-------------|-------------|-------------|
| Junior Women | England 20 | Ireland 18 | Scotland 18 | Wales 13 |
| Junior Men | Scotland 21 | Wales 18 | England 15 | Ireland 15 |
| Senior Women | England 29 | Ireland 23 | Scotland 18 | Wales 18 |
| Senior Men | England 26 | Wales 24 | Ireland 20 | Scotland 20 |
| Overall | England 90 | Scotland 77 | Ireland 76 | Wales 73 |

| Race | Time | Event | 1st | | 2nd | | 3rd | | 4th | |
|------|-------|--------|----------|--------|----------|--------|----------|--------|----------|--------|
| | | | Crew | Time | Crew | Time | Crew | Time | Crew | Time |
| 1 | 11:00 | JW4- | Scotland | NTT | Ireland | NTT | England | NTT | Wales | NTT |
| 2 | 11:10 | JM4- | Scotland | 4:49.3 | Wales | 4:53.3 | England | 4:56.3 | Ireland | NRO |
| 3 | 11:20 | WL2- | Scotland | NTT | England | NTT | Ireland | NTT | | |
| 4 | 11:30 | ML2- | Wales | 5:13.4 | England | 5:19.4 | Scotland | 5:23.5 | Ireland | 5:32.6 |
| 5 | 11:40 | JW2- | England | 5:58.4 | Scotland | 6:01.1 | Ireland | 6:15.4 | | |
| 6 | 11:50 | JM2- | Scotland | 5:21.5 | Ireland | 5:26.9 | Wales | 5:30.8 | England | 5:31.3 |
| 7 | 12:00 | W2- | England | 5:39.1 | Scotland | 5:47.0 | Ireland | 5:56.4 | Wales | 5:59.2 |
| 8 | 12:10 | M2- | Ireland | 5:09.3 | Wales | 5:10.9 | Scotland | 5:12.0 | England | 5:24.0 |
| 9 | 12:20 | WL1x | Ireland | 6:05.3 | England | 6:10.9 | Scotland | 6:17.3 | Wales | 6:41.4 |
| 10 | 12:30 | ML1x | England | 5:20.2 | Wales | 5:20.7 | Scotland | 5:25.2 | Ireland | 5:34.7 |
| 11 | 12:40 | JW1x | Wales | 6:00.3 | Ireland | 6:04.4 | England | 6:24.3 | Scotland | 6:36.6 |
| 12 | 12:50 | JM1x | Scotland | 5:31.7 | England | 5:32.1 | Wales | 5:40.8 | Ireland | 5:51.2 |
| 13 | 13:00 | W1x | Ireland | 6:00.6 | Wales | 6:01.4 | England | 6:08.3 | Scotland | NRO |
| 14 | 13:10 | M1x | England | 5:25.4 | Wales | 5:29.1 | Scotland | 5:30.0 | Ireland | 5:42.1 |
| 15 | 13:20 | WL2x | England | NTT | Ireland | NTT | Wales | NTT | Scotland | NTT |
| 16 | 13:30 | ML2x | England | 4:47.6 | Ireland | 5:04.5 | Wales | 5:06.7 | Scotland | 5:07.2 |
| 17 | 13:40 | JW2x | England | 5:38.0 | Scotland | 5:45.8 | Wales | 5:51.9 | Ireland | 5:54.0 |
| 18 | 13:50 | JM2x | Wales | NTT | Scotland | NTT | England | NTT | Ireland | NTT |
| 19 | 14:00 | W2x | Wales | NTT | Ireland | NTT | Scotland | NTT | England | NTT |
| 20 | 14:10 | M2x | Scotland | 4:53.2 | Ireland | 4:54.0 | England | 4:55.6 | Wales | 5:03.5 |
| 21 | 14:20 | JW4+ | Ireland | 5:30.5 | Scotland | 5:34.5 | Wales | 5:34.8 | England | 5:38.1 |
| 22 | 14:30 | JM4+ | Scotland | 4:54.3 | Ireland | 4:57.4 | England | 5:03.7 | Wales | 5:09.2 |
| 23 | 14:40 | BW4- | England | 5:06.8 | Wales | 5:13.4 | Scotland | 5:17.8 | Ireland | 5:31.2 |
| 24 | 14:50 | BM4- | England | 4:38.0 | Ireland | 4:40.1 | Wales | 4:40.2 | Scotland | 4:41.5 |
| 25 | 15:10 | TA W1x | | | | | | | | |
| 26 | 15:30 | TA M1x | England | | Scotland | | | | | |
| 27 | 15:50 | JW8+ | Ireland | 5:04.1 | England | 5:06.1 | Scotland | 5:14.0 | Wales | 5:15.6 |
| 28 | 16:00 | JW4x | England | 5:04.4 | Wales | 5:09.1 | Scotland | 5:20.2 | Ireland | 5:24.4 |
| 29 | 16:10 | JM8+ | Wales | 4:30.9 | Ireland | 4:34.5 | England | 4:35.7 | Scotland | 4:37.2 |
| 30 | 16:20 | JM4x | Ireland | 4:34.4 | England | 4:37.3 | Wales | 4:56.3 | Scotland | 5:33.3 |
| 31 | 16:30 | W8+ | England | 4:49.1 | Scotland | 4:56.8 | Wales | 4:58.5 | Ireland | 5:05.5 |
| 32 | 16:40 | W4x | England | 5:02.7 | Ireland | 5:07.2 | Wales | 5:07.4 | Scotland | 5:10.6 |
| 33 | 16:50 | M8+ | Wales | 4:20.7 | England | 4:22.2 | Scotland | 4:25.4 | Ireland | 4:26.1 |
| 34 | 17:00 | M4x | Scotland | 4:33.1 | Ireland | 4:34.3 | Wales | 4:37.3 | England | 4:39.7 |